



IMPACT!

Effecting Your Life... by **Adrian Nyhuis**

Be-Come

Recently I was pondering over my life and thinking about who and what I have become. As I did this, I began to think more on the actual word 'become'.

It doesn't take an Einstein to know that the word 'Become' means 'to happen, come about and arrive' and is a compound of the two words 'Be' and 'Come'.

I have often heard people say, "Twelve months ago I would not have imagined that I would be where I am today." Have you ever thought or said that? I know there are times that I have. Why do we say those things? It is because we often look backwards over what has happened in our lives and the only forward planning we have can be quoted with the phrase "Que Sera Sera - Whatever will be, will be", but there is no hope or direction for us when that is our mindset.

I realised how often we look in a backwards direction over our lives, but instead we need to look forward. When you think about it, who I choose to 'be' today will determine who I will 'come' to be tomorrow. If I don't like who I have 'come to be' (or *be-come*) then I need to change who I am being today, so that the change will result in me having a new *out-come*. I can look at my past and cry with tears of regret over it, or I can remember the 'glory days' where things have gone better than planned, but neither viewing can change our future. Our remembering should be used to learn from, and plan for an even better future.

Who have you *be-come*? Who would you like to *be-come*? The power to change that begins with you. So does the choice.



Adrian Nyhuis is the Director of [DNA Life](#). He is a professional coach who is committed to assisting his clients to achieve their maximum potential and has a

vision to impact people's lives and assist them in fulfilling their destiny.

Previous Articles

Leadership Hypocrite

Are you a Hypocrite? Some would be horrified if they were called one, especially if they view themselves as being ones who "Practice what they preach".

Originally the word 'hypocrite' was a term used to describe an actor because they hid behind a mask...

[Read the whole article...](#)

First Steps to Influence

I regularly write quotes on Facebook. They are not just vague time wasting comments, but comments that are intended to provoke thought and inspiration in people. One of the recent quotes was "You are very influential. You can influence yourself to succeed or fail." After writing that quote I got to thinking. How influential are we really. Who do we need to influence?

I read an article in a book by John Maxwell recently that...

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